MEDIA RELEASE

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SUBJECT - MOKELOMNE RIVER, SOURCE TO THE SEA EXPEDITION

FROM - JOHN SILVA, GIVE BACK ADVENTURES
MEGAN FISKE, FOOTHILL CONSERVANCY

An adventure of a lifetime is coming this summer and you are invited to join virtually via social media and online.

John Silva of Give Back Adventures has announced his upcoming summer expedition named the “Mokelumne River, Source to the Sea”. Starting and finishing here at home in Jackson, California, the expedition will follow the Mokelumne River from several mountain peaks forming its headwaters, down through the foothills and across the California Delta before heading out beneath the Golden Gate Bridge to the Pacific Ocean.

Multiple human powered sports will be utilized including bikepacking, mountain climbing, backpacking, whitewater kayaking, canyoneering, whitewater rafting and sea kayaking. After reaching Baker Beach in San Francisco it will be back on bikes across the Golden Gate and Richmond-San Rafael bridges and through the Oakland hills before continuing home using both paved and unpaved roads to the finish in Jackson.

Joining this expedition will be Steven Sugden from Philadelphia, PA, who Silva met last summer during his 3,000-mile bikepacking expedition from Canada to Mexico. Sugden is an avid cyclist and human-powered adventure enthusiast who has biked across the United States, walked the Camino De Santiago, hiked to Annapurna base camp and completed the Great Divide Mountain Bike Route from Canada to Mexico. When Sugden was invited by Silva to join this expedition he stated: “It is an honor to be a part of such an adventure for two reasons; to watch the soul of a man shine and to learn how to adventure with purpose and stewardship for that which binds us all, nature.”

Outdoor Adventures to Support Charitable Organizations
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Silva added that the “Mokelumne River, Source to the Sea” expedition will not only be full of countless challenges, but that it will also provide the opportunity to fully experience the beauty and splendor of the Sierra Nevada, along with the variety of riparian zones we will be traveling through.

This expedition will also raise funds for the non-profit Foothill Conservancy serving Amador and Calaveras counties, including neighboring regional areas. Foothill Conservancy’s mission is: “To protect, restore, and sustain the natural and human environment in Amador and Calaveras counties for the benefit of current and future generations.” One of Foothill Conservancy’s main priorities is its Watershed Program that focuses on nature, community, and economy in the area's watersheds.

**Megan Fiske, Executive Director** of Foothill Conservancy provided the following statement regarding Silva’s expedition: We are so grateful that John has chosen to support Foothill Conservancy with such a meaningful and inspiring adventure. John’s trip will be more than a fundraiser – it will raise awareness about the critical role the Mokelumne River plays in our lives, whether we gaze into the river canyon from our homes in Amador and Calaveras counties or whether the river literally flows from our tap in Oakland and Berkeley. The expedition will inspire folks from all over to get to know the complexities of the watershed, from the dams and diversions that help provide drinking water and generate electricity, to the critical habitat that supports many endangered species. Following John’s adventure is sure to engage, educate and inspire. Foothill Conservancy looks forward to connecting with more folks who are interested in the Mokelumne River and helping them see the many ways they can make a positive difference for their community. Learn more about the Foothill Conservancy [foothillconservancy.org](http://foothillconservancy.org) and be sure to sign up for our eBlasts for another way to follow John’s adventure!

Learn more about John Silva’s Give Back Adventures on Facebook, Instagram and YouTube by scanning the following QR codes.